

ADAPTED AND INTEGRATED

With understanding comes acceptance

MEDIATOR CARDS

Individuals in need of support to participants in our drop in programs, such as recreational swimming and aquafit, attend with a mediator to assist them. If the mediator's sole purpose for attending is to support and integrate an individual with special needs, access for the mediator is free. For regular customers attending with a mediator, a mediator card can be obtained free of charge. Just show the card and the mediator enters at no charge.

WET WHEELS IN MOTION

Experience the joys of the many water parks located in and around Town. We now offer an Aqua Wheelchair loan out program to remove barriers and allow full access to local water parks. Chairs can be booked at the Lebovic Leisure Centre or by calling 905-642-PLAY (7529)

ADAPTED AQUATICS PROGRAM ♥

Details in the aquatics section

A very positive and encouraging opportunity, volunteers offer 1:1 support for those individuals. Who prefer not to be in an integrated setting but want to experience the benefits of aquatics. Participants work at enhancing their existing swim abilities and comfort level in the water. The goal is to work on progressions suitable to the needs of the individual and to determine personal bests, while keeping in mind opportunities for social interaction among other classmates. Parents are encouraged to communicate directly with staff and volunteers so that progress is identified and issues can be worked through. The session ends with a pizza party for the participants and their volunteers. Details on Page 57

ADAPTED GENTLE FIT ♥

Light activities with a focus on stimulating coordination and movement. Ideal for all adults, including those with special needs who are working on sensory skills, range of motion or light fitness. Classes are adapted to accommodate those in wheelchairs or those needing assistance with their activities. Facilitators are required for participants who cannot participate independently and attend free of charge. Details on Page 21

Adapted Programming

Working in partnership with Community Living York South, adapted daytime programming for adults with a health and wellness flavor focusing on delivering a broad, whole experience: safe, fun, social interaction, life skills and learning. Geared towards those with developmental delay or intellectual disabilities, but open to all who would like to participate.

Individuals must supply a mediator for assistance if required. Program listings will be posted at www.townofws.ca/adaptedprograms.asp as they come available. Please indicate any medical conditions on the registration form, and ensure staff are aware.

Our facilities are all accessible. Elevators, ramps, adult change tables and lifts, adapted picnic tables, auditory assistive devices, aquawheelchairs are all available. If you need something, please just ask. For information on the Town's Accessible Customer Service, go to www.townofws.ca/accessibility.asp

PLAY BUDDIES



Everyone is encouraged to participate in our programs, and every effort will be made to integrate individuals with special needs

Sometimes, participants require 1:1 support to be able to safely enjoy program activities. We welcome a support worker, family member or friend, to come and offer the 1:1 support to an individual

The Play Buddies program has strengthened our ability to offer 1:1 support within a class, for those who qualify. This program was developed to train volunteers to be able to support and help integrate those with special needs into our programs. These volunteers are primarily students volunteering their time, many with siblings/family members with special needs.

Volunteer support may be requested for no extra charge. Please be aware: although we do our best to find the support you require, it is not guaranteed that we will be able to find someone available on the day/time of program you request. Play buddy requests or to be a PLAY buddy, call 905-642-PLAY(7529)